

CIRCLE OF BOSS SISTERS C.O.B.S.

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Queen's COURT

**TOMEKA
LYNCH PURCELL**

SERIAL ENTREPRENEUR
(CEO OF PURCELLOI789 BURBON,
PMG WORLDWIDE/LITERACY AUTHOR)

WOMEN'S WERK

**JACOI PUGH &
LATOYA BARROW**

CEO'S OF BLACK
WOMEN'S WALL
STREET, INC.

Kings COURT

**ADRIEN
MOSES CLARK**

CEO OF AOK
(AXE OF KINDNESS)
TATTOO

WOMEN INNOVATORS

**MALAICA JONES,
NIA JONES &
TAI BEAUCHAMP**

CEO'S OF BROWN
GIRL JANE

FASHION CORNER

**JERRY
LORENZO**

CEO OF
FEAR OF
GOD FASHION

Spotlight

**DOROTHY
JEAN TILLMAN**

THE YOUNGEST TEEN
TO EARNED HER
DOCTORATE DEGREE

RAVEN WHITE

CEO OF THE ENVISION FIRM

\$3.50



THERE IS HEALING IN FORGIVENESS

BY DR. TREVI BOOKER PERSHAY

As a child, I was molested by my female babysitter at seven and then touched at 9 by my mother's best friend's husband. Later in my teenage years, I was raped by a boyfriend because I told him I wasn't ready. I had grown up angry, hurt, and rebellious because I kept that poison of what was done to me affecting my purpose. I wanted revenge, and I would always end up hurting myself, thinking it was my fault when I was able to forgive those who hurt me, not just with my mouth but with my heart. Only then could I not allow that poison to grow inside of me. I was happy internally, and it reflected on the outside. I had to heal to live.

Dr. Trevi Booker-Pershay

Dr. Trevi Booker Pershay

WHAT IS FORGIVENESS?

Forgiveness is a conscious release of resentment or vengeance towards someone who has harmed you. Here is how forgiveness works- forgiveness can help repair damaged relationships, but it doesn't obligate reconciling with the person who harmed you.

I know you've heard that cliché forgive, but don't forget. Well, that is not exactly how it works. Forgiveness allows you to move forward, but forgetting will keep you in a cycle of now and never enable you to evolve. Years ago, someone did something to me, and I could not be in the same room with them, so I avoided gatherings that included them. As I started to understand the power of forgiveness, I forgave them and let go of the resentment, anger, and memory of what they did. The memory is not gone; I no longer gave the memory the power to taunt me. When I am around the person, I can stand there without guilt, anxiety, or fear of that memory. I forgave them, and now I can stand in my power and live.

Forgiveness doesn't mean forgetting or excusing the harm someone has done to you; that is not what I'm saying. It certainly does not mean making up or getting back together with someone who physically harmed you. Forgiveness brings this kind of peace that allows you to focus on yourself and move on with your life. You get your power back, and you are no longer a victim.

"You May Have Survived the Bite of the snake (the Pain of Your Past), But the Posion (from the bite) is still inside of You (means you're not completely healed)."

- JESSY HAYNES -

WHAT ARE THE BENEFITS OF FORGIVENESS?

Letting go of grudges and bitterness can give a sense of internal peace. Forgiveness can lead to:

- Healthier relationships – which means the residue of what was done to you can allow you to see things objectively and not through a security lens.
- Improve Mental Health – mediation and positivity in your day-to-day routine help you move forward with joy and peace
- Less anxiety, stress, and hostility – when you forgive, you do not hold on to bitterness and find that you want your peace and your power to embrace new beginnings without old reminders.
- Facial freedom – Smile more – you're not in that same space or place.

When you experience hurt by a loved one that you trust, this can lead to anger, sadness, and sometimes violence. It's important not to dwell on hurtful events or situations. Address them yes if you must, but then let it go. There are times when I counsel people who are holding grudges. Once they address how they feel, they usually want the person who hurt them to suffer. I mean long-suffering with no end date. I always remind them that if they allow negative feelings to brew and don't forgive, they can ultimately be swallowed up by bitterness and a sense of revenge.

HOW DO YOU FORGIVE?

I, too, had to forgive people who hurt me during this life journey. Remember, to forgive, you have to realize that forgiving is a commitment to change. Change means you are allowing yourself to heal properly.

- Identify what needs healing and who you want to forgive – some people are mad at the world. Focus on the hurt, and the person takes one step at a time.
- Acknowledge your emotions about the harm done to you – if you get the opportunity to confront that person, keep your cool and stay focused on the hurt. Speak your peace and give the person a chance to apologize and let it go.
- Release the power of those who hurt you and take ownership of your power.
- Get counseling or join a support group.

I pray you will find a way to forgive those who hurt you.

FORGIVENESS HEALS



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STAFF

DR. TREVI BOOKER PERSHAY
EDITOR-N-CHIEF

CONTACT:
IG – trevipershayproductions.
EMAIL: pdmperformingart17@gmail.com
or trevipershayproductions@gmail.com

TINIKA THOMAS-FOREMAN
CO-EDITOR-N-CHIEF/BEAUTY EDITOR

CONTACT:
IG – tinikashay
EMAIL: Tinika.thomas@pdmperformingarts.com
or shaybeautyconsultant@gmail.com

ARIELLE PERSHAY
FITNESS EDITOR

CONTACT:
EMAIL: pershayarielle@gmail.com
IG: astardancemovement

RODNISHA “NISHA” PERSHAY
HAIR EDITOR

CONTACT:
IG: nishadahairweavekillla
EMAIL: rodnishapershay1@gmail.com

MUHAMMAD ABDULLAH KHAN
DESIGNING & MAGAZINE DIRECTOR

CONTACT:
EMAIL: abdullahkhan6063048@gmail.com
or gfxmentor606@gmail.com



Courtesy of Essence Magazine

FROM CIA TO CEO RAVEN WHITE'S REMARKABLE JOURNEY TO LEADING THE ENVISION FIRM

WRITTEN BY: C.O.B.S EDITORIAL STAFF

In the dynamic world of business consultancy, where innovation and adaptability are paramount, few names stand out as prominently as Raven White, the visionary CEO of The EnVision Firm. Under her astute leadership, The EnVision Firm has redefined industry standards and set new benchmarks for excellence, creativity, and client-centric solutions.

EARLY LIFE AND EDUCATION

Raven White's journey to the top is a testament to her relentless pursuit of knowledge and excellence. Growing up in a family that valued education and hard work, she showed early interest in business and leadership. Her academic journey took her to prestigious institutions, where she earned a degree in Business Administration, followed by an MBA focusing on strategic management. Her educational background laid a strong foundation for her future endeavors, equipping her with the skills and insights necessary to navigate the complex world of business consultancy.



CAREER PATH AND ACHIEVEMENTS

Before taking the helm at The EnVision Firm, Raven White amassed a wealth of experience in various leadership roles across different industries. Significant achievements in strategic planning, organizational development, and innovation management mark her career trajectory. Each role she undertook contributed to her holistic understanding of business dynamics, preparing her to lead with vision and impact.

Since becoming CEO, Raven White has spearheaded numerous transformative initiatives at The EnVision Firm. Her strategic foresight has driven the company to expand its services, embracing cutting-edge technologies and methodologies to serve its clients better. Under her leadership, The EnVision Firm has seen remarkable growth in client base and revenue, solidifying its position as a leader in the consultancy sector.

Additionally, she's a lifestyle contributor to The Billionaire Chronicle Magazine, the print and online magazine of choice for the top 5% elite and wealthiest globally, and an associate partner of the StickFest Group Ltd. This U.K.-based global recruitment agency exclusively serves Ultra High Net Worth Individuals (UHNW), family offices, and corporations.

LEADERSHIP PHILOSOPHY

Raven White's leadership philosophy involves innovation, collaboration, and integrity. She believes in fostering a culture where creativity thrives and every team member feels empowered to contribute their best ideas. Her commitment to continuous learning and improvement is evident in the numerous professional development programs she has instituted at The EnVision Firm.

Moreover, Raven is a strong advocate for diversity and inclusion. She understands that a diverse team brings a wealth of perspectives, driving innovation and enhancing problem-solving capabilities. Under her guidance, The EnVision Firm has implemented robust diversity initiatives, ensuring that the company remains inclusive and welcoming to talent from all backgrounds.

IMPACT ON THE ENVISION FIRM

The impact of Raven White's leadership on The EnVision Firm is profound. Her strategic initiatives have elevated the firm's market position and significantly enhanced its operational efficiency and client satisfaction rates. Key among her achievements is the successful implementation of a digital transformation strategy, which has modernized the firm's operations and service delivery.

Furthermore, Raven's emphasis on sustainability and corporate social responsibility has positioned The EnVision Firm as a leader in ethical business practices. She has championed initiatives that reduce the firm's environmental footprint and promote social welfare, aligning business success with positive community impact.

Raven White envisions a future where The EnVision Firm continues to push the boundaries of innovation and excellence. She is committed to leveraging emerging technologies like artificial intelligence and data analytics to deliver even more personalized and effective client solutions. Additionally, she plans to expand the firm's global footprint, bringing its unparalleled expertise to new markets and industries.

Raven White's journey as the CEO of The EnVision Firm is a compelling narrative of vision, leadership, and unwavering commitment to excellence. Her transformative impact on the firm and the broader consultancy industry underscores her status as a trailblazer and a role model for aspiring leaders. As she continues to steer The EnVision Firm towards new heights, there is no doubt that her legacy will inspire future generations to dream big and lead with purpose.

For more information, visit <https://envisionfirm.com/>



FROM HOMELESSNESS TO ENTREPRENEURSHIP

TOMEKA LYNCH PURCELL'S INSPIRING JOURNEY TO SUCCESS AND SOCIAL IMPACT

WRITTEN BY: C.O.B.S EDITORIAL STAFF



In a world where business acumen and social consciousness often seem at odds, Tomeka Lynch Purcell stands as a beacon of how these elements can coexist and thrive together. As an entrepreneur, advocate, and champion of social impact, Purcell has carved out a unique niche, leveraging her diverse talents to drive change and inspire others.

TOMEKA LYNCH PURCELL'S JOURNEY:

Tomeka Lynch Purcell's journey from homelessness to entrepreneurship has profoundly shaped her business, advocacy, and social impact approach. Her background and experiences are the cornerstone of her entrepreneurial ventures and advocacy efforts, driving her to address real-world issues authentically and passionately. As someone who has experienced homelessness and the challenges of raising children in such circumstances, Tomeka's understanding of life's hardships runs deep. This firsthand experience fuels her drive to tackle housing, poverty, and family welfare issues through her entrepreneurial ventures. Her company, PMG Worldwide Inc., is a symbol of her commitment to making a difference in the lives of others by providing innovative solutions to pressing societal issues (Froome, 2024).



ENTREPRENEURIAL VENTURES

Purcell's entrepreneurial spirit is evident in the successful ventures she has launched and nurtured. As the founder and CEO of multiple businesses, she has demonstrated an uncanny ability to identify market needs and create innovative solutions. Her ventures are profitable and aligned with her commitment to social good, reflecting her belief that business success and positive community impact are not mutually exclusive.

One of her notable ventures includes a consultancy firm that provides strategic guidance to small and medium-sized enterprises, helping them scale sustainably. Through her firm, Purcell has empowered countless entrepreneurs, particularly women and minorities, by providing them with the tools and knowledge needed to succeed in competitive markets. Purell is the CEO of PMG Worldwide Inc., which offers programs for home buyers, Earning With Morgan – a children's book on financial literacy; PurCellos 1789 – Purcell's Bourbon company; and author of Why Pay Cash?

ADVOCACY AND SOCIAL IMPACT

Beyond her business achievements, Tomeka Lynch Purcell fervently advocates for social justice, equity, and community development. Her advocacy spans various causes, including education, healthcare, and economic empowerment. She has been instrumental in numerous initiatives to close the gap between marginalized communities and access to essential resources.

Purcell's commitment to social impact is perhaps best exemplified by her leadership in non-profit organizations. She has served on several NGO boards, where her strategic vision and passionate advocacy have driven significant progress in community development projects. Her efforts have led to the creation of educational programs, health campaigns, and economic initiatives that have transformed lives and uplifted communities.



LEADERSHIP AND RECOGNITION

Tomeka Lynch Purcell's leadership style is characterized by inclusivity, empathy, and a relentless pursuit of excellence. She believes in the power of collaboration and has built diverse teams that bring many perspectives to the table. Her leadership has not gone unnoticed; she has received numerous accolades and awards for her contributions to business and society.

Her influence extends beyond her immediate ventures and advocacy work. As a sought-after speaker and mentor, Purcell shares her insights and experiences with aspiring entrepreneurs and leaders. Her motivational talks and mentorship programs have inspired many to pursue their dreams with confidence and resilience.

Tomeka Lynch Purcell's remarkable journey is a testament to the power of combining business acumen with a deep commitment to social good. As an entrepreneur, advocate, and leader, she has made significant strides in creating a more equitable and inclusive society. Her story is inspiring and a powerful reminder that one can make a lasting difference in the world with vision, determination, and compassion.

Please visit the websites for additional information
<https://www.purcellos1789.com>
<https://earningwithmorgan.com>
<https://www.pmgworldwideinc.com/>

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Courtesy of Black Enterprise

JACOI PUGH AND LATOYA BARROW REVITALIZING BLACK WALL STREET WITH VISION AND DETERMINATION

In the realm of entrepreneurship and community empowerment, JaCoi Pugh and LaToya Barrow resonate with innovation, resilience, and a steadfast commitment to economic equity. As the CEOs and co-founders of Black Wall Street, they have taken on the monumental task of reviving a historic legacy while creating new pathways for Black economic empowerment and wealth-building. Their journey is a testament to the power of visionary leadership and the impact of dedicated community service.

THE FOUNDERS

JaCoi Pugh and **LaToya Barrow** bring diverse skills and experiences to their roles as co-founders and CEOs of Black Wall Street. Both are driven by a shared passion for entrepreneurship and a deep commitment to uplifting Black communities.

JaCoi Pugh has a rich background in business development, strategic planning, and financial management. Her experience in navigating complex business landscapes and her knack for identifying growth opportunities have been instrumental in shaping the strategic direction of Black Wall Street. Pugh's financial literacy and economic development expertise have positioned her as a leading voice in the movement to close the wealth gap in Black communities.

LaToya Barrow complements Pugh with her extensive experience in marketing, community outreach, and organizational leadership. Her ability to connect with people and her dedication to social justice has been pivotal in building the community-focused aspects of Black Wall Street. Barrow's advocacy and public relations work has helped elevate the platform's visibility and impact, fostering partnerships and driving engagement across various sectors.

THE BIRTH OF BLACK WALL STREET

The inspiration behind Black Wall Street comes from the historic Greenwood District in Tulsa, Oklahoma, once known as "Black Wall Street." This thriving Black community was a beacon of economic prosperity and entrepreneurship in the early 20th century until it was destroyed in the Tulsa Race Massacre of 1921. Pugh and Barrow saw an opportunity to honor this legacy while addressing contemporary challenges Black entrepreneurs and businesses face.

Under their leadership, Black Wall Street aims to recreate the spirit of Greenwood by providing resources, support, and a platform for Black-owned businesses to thrive. Their vision is to build a modern ecosystem where Black entrepreneurs can access capital, mentorship, and networks essential for sustainable growth and success.

MISSION AND VISION

At the heart of Black Wall Street's mission is a commitment to economic empowerment and creating generational wealth within Black communities. Pugh and Barrow envision a world where Black entrepreneurs have equal opportunities to succeed and where the financial contributions of Black businesses are recognized and celebrated.

Their vision includes creating a comprehensive digital platform that offers financial education, business resources, and a marketplace for Black-owned businesses. By leveraging technology, they aim to break down barriers to entry and create a supportive environment where Black entrepreneurs can flourish.

IMPACT AND ACHIEVEMENTS

Since its inception, Black Wall Street has made significant strides in advancing its mission. Under the leadership of Pugh and Barrow, the platform has launched various initiatives to support Black entrepreneurs at every stage of their journey.

One of their key achievements is establishing a robust mentorship program, connecting seasoned business leaders with emerging entrepreneurs. This program has provided invaluable guidance and support, helping new businesses navigate challenges and scale their operations.

Additionally, Black Wall Street has developed partnerships with financial institutions, corporations, and non-profit organizations to create funding opportunities and resources for Black businesses. These collaborations have increased access to capital, grants, and business development programs, directly impacting the growth and sustainability of numerous Black-owned enterprises.

Pugh and Barrow have also prioritized financial literacy, offering educational workshops and resources to help individuals and businesses make informed financial decisions. Their efforts have empowered many to take control of their financial futures, fostering a culture of economic resilience and independence.

COMMUNITY ENGAGEMENT AND ADVOCACY

Beyond their business initiatives, Pugh and Barrow are dedicated advocates for social justice and economic equity. They actively engage with policymakers, community leaders, and activists to address systemic barriers and advocate for policies that support Black entrepreneurship and wealth-building.

Their community engagement efforts include organizing events and forums that unite diverse stakeholders to discuss issues affecting Black businesses and communities. These initiatives foster dialogue, build alliances, and drive collective action toward a more inclusive and equitable economy.

FUTURE ASPIRATIONS

Looking ahead, JaCoi Pugh and LaToya Barrow have ambitious plans to expand Black Wall Street's impact. They envision growing the platform to reach more communities across the United States and globally, creating a vast network of Black entrepreneurs and businesses. Their goal is to establish Black Wall Street as a leading authority in economic empowerment, continuously innovating to meet the evolving needs of Black entrepreneurs.

They also plan to enhance their digital platform, incorporating advanced technologies such as artificial intelligence and blockchain to provide even more robust support and resources. By staying at the forefront of technological advancements, they aim to ensure that Black Wall Street remains a cutting-edge tool for economic empowerment.

JaCoi Pugh and LaToya Barrow's leadership of Black Wall Street exemplifies the power of visionary thinking and community-driven action. Their dedication to reviving a historic legacy while creating new opportunities for Black economic empowerment is a powerful narrative of resilience, innovation, and impact. As they continue to build and expand their platform, Pugh and Barrow are honoring the past and forging a brighter, more equitable future for Black entrepreneurs and communities.

Please visit their website for more information: <https://www.blackwomenswallstreet.org/about-us>.



BLACK WOMEN'S WALL STREET
BELIEVE IT. BUILD IT. OWN IT



ADRIEN MOSES CLARK THE VISIONARY TATTOO ARTIST BEHIND INKED MASTERPIECES

In the vibrant body art world, where creativity meets skin, Adrien Moses Clark stands out as a true artist and entrepreneur. As a successful tattoo studio owner, Clark has made a name for himself with his unique style, artistic flair, and commitment to excellence. His journey from a passionate artist to a renowned tattoo studio owner is a story of dedication, talent, and an unyielding pursuit of perfection. He is the CEO/Founder of AOK (Axe of Kindness) Tattoo establishment.

CLARK'S JOURNEY

Clark's journey into the tattoo industry was marked by determination and hard work. He started as an apprentice in a local tattoo shop, where he learned the intricacies of tattooing from experienced artists. This period was crucial for his development, as he gained practical experience and mastered the technical skills required to become a professional tattoo artist.

During his apprenticeship, Clark experimented with various tattoo styles, from traditional and neo-traditional to realism and abstract designs. His versatility and ability to adapt to different styles set him apart, earning him a growing clientele. As he built his reputation, he developed a personal style characterized by intricate details, bold lines, and a deep understanding of color theory.

After years of perfecting his craft and building a loyal client base, Adrien Moses Clark boldly opened his own tattoo studio. The studio, which quickly gained a reputation for its high standards and exceptional artistry, became a reflection of Clark's vision and dedication. From the moment clients walk through the doors, they are greeted by a welcoming atmosphere, and a team of talented artists committed to providing the best possible experience.

Clark's studio is not just a place to get a tattoo; it's a creative haven where clients can collaborate with artists to bring their ideas to life. He believes in the importance of understanding each client's vision and works closely with them to create custom designs with personal significance. This client-centric approach has been critical to the studio's success, ensuring every tattoo is a unique masterpiece.

ARTISTIC STYLE AND INFLUENCES

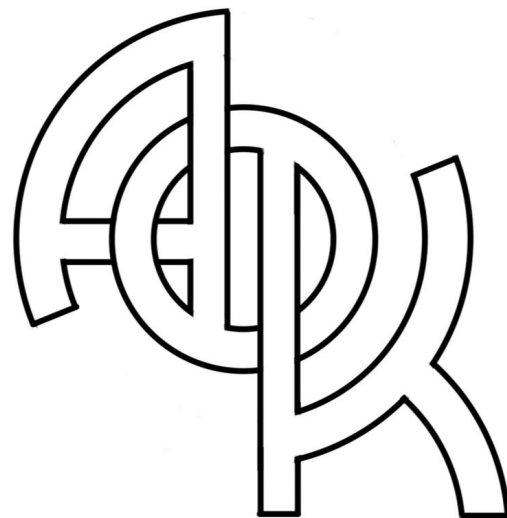
Adrien Moses Clark's artistic style blends various influences, from classical art to contemporary tattoo trends. He draws inspiration from nature, mythology, and personal experiences, infusing each design with deep meaning and symbolism. His ability to translate complex ideas into stunning visual art has earned him acclaim and respect within the tattoo community.

One of the hallmarks of Clark's work is his meticulous attention to detail. Whether a small, delicate piece or a large, intricate sleeve, he approaches each tattoo with the same precision and care. His mastery of shading, line work, and color blending allows him to create visually striking, durable, and timeless tattoos.

CONTRIBUTIONS TO THE TATTOO COMMUNITY

Beyond his work as an artist, Adrien Moses Clark is dedicated to advancing the tattoo industry as a whole. He regularly participates in tattoo conventions and collaborates with other artists to share knowledge and techniques. His commitment to continuous learning and improvement is evident in the workshops and seminars he attends and the mentorship he provides to up-and-coming tattoo artists.

Adrien Moses Clark is working to expand his footprint in the Rochester tattoo scene. His Black-owned tattoo shop, Axe of Kindness, has an attractive business model: 10% of its gross revenue is donated to charity (Ramsey, 2024).



HERE IS A LIST OF ORGANIZATIONS THAT ADRIEN MOSES CLARK/AOK (AXE OF KIND- NESS) SUPPORTS (RASMEY, 2024):

- Urban League of Rochester
- NAACP
- Willow Domestic Violence Center
- March of Dimes
- Bivona Child Advocacy Center
- Save the Children
- Planned Parenthood
- Out Alliance

Looking ahead, Adrien Moses Clark has ambitious plans for the future. He aims to expand his studio, opening new locations and bringing his unique tattoo artistry to a broader audience. He also plans to launch a line of custom tattoo equipment and supplies designed to meet the specific needs of professional tattoo artists.

Moreover, Clark envisions creating an educational platform for aspiring tattoo artists, offering online courses and resources to help them develop their skills and succeed in the industry. His goal is to elevate the art of tattooing and ensure that future generations of artists have the tools and knowledge they need to thrive.

Adrien Moses Clark's journey from a passionate artist to a successful tattoo studio owner is a testament to his talent, dedication, and vision. His contributions to the tattoo industry as an artist and an advocate for excellence have left an indelible mark. As he continues to push the boundaries of what is possible in tattoo art, there is no doubt that Clark's legacy will inspire and influence many for years to come.

For more information, please feel free to visit the website <https://www.amctattooartworks.com/>



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**NISHA
PERSHAY**

We will switch our hairstyles according to the season or mood or want a new look. We don't think about the hair care we need after frying, dying, and laying the edges to the side. So, I am here to educate you on treating and caring for your hair properly before and after those trending styles. You ask how you know if your hair is healthy. Well, the first thing to do is learn if you have low-porosity hair or high-porosity hair. High porosity hair in black women can be prone to dryness and breakage due to raised cuticles that allow moisture to escape easily.

For treatments, focus on moisturizing and strengthening the hair and use deep conditioning treatments with protein to help maintain the hair shaft. Use leave-in conditioners, hair masks, or oils to lock in moisture and minimize breakage. Consider incorporating products with ingredients like shea butter, coconut oil, or argan oil to help nourish and hydrate the hair. Additionally, protective styles such as braids or twists can help minimize damage and retain moisture. Regular trims to remove split ends are crucial in maintaining healthy high porosity hair.

Low porosity is when your hair doesn't readily absorb water and treatments. This means your hair may have low porosity if it takes too long to wet and dry. If you use hair care products, they tend to stay on the surface of your hair rather than being absorbed. This makes hair care treatments less effective. So, in conclusion, if you struggle with any of these issues, the market has various products to help your hair grow to its healthiest potential.

HAIRCARE TIPS FOR LOW/ HIGH POROSITY HAIR!

HIGH POROSITY PRODUCTS

1. **MIELLE ROSEMARY MINT ORGANICS** Infused with Biotin and Encourages Growth Hair Products for Stronger and Healthier Hair and Styling Bundle Set 5 PCS



2. **CAMILLE ROSE NATURALS CURL LOVE MOISTURE MILK**



3. **SHEAMOISTURE HIGH POROSITY MOISTURE REPLENISH SHAMPOO**



4. **AS I AM JAMAICAN BLACK CASTOR OIL CURLING CRÈME**



LOW POROSITY PRODUCTS

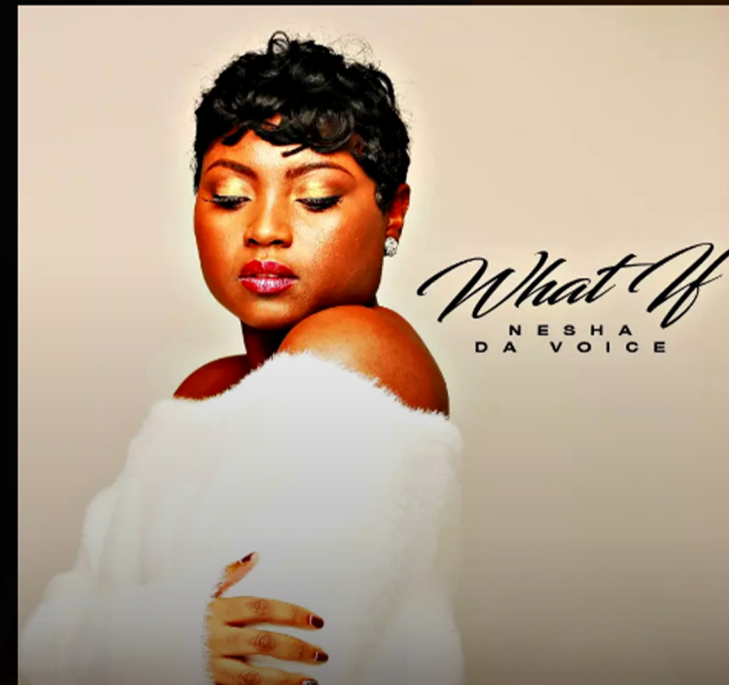
5. **MIELLE POMEGRANATE & HONEY MOISTURIZING/ DETANGLING SHAMPOO AND CONDITIONER SET**



6. **AFRICAN PRIDE MOISTURE MIRACLE 5 ESSENTIAL HAIR OILS (3 PACK) - CONTAINS CASTOR, GRAPESEED, ARGAN, COCONUT & OLIVE OIL, SEALS IN MOISTURE & ADDS SHINE & STRENGTHENS**

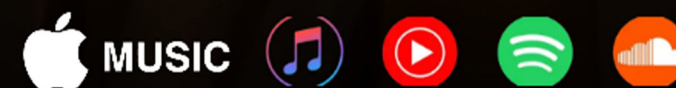


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Courtesy of Essence Magazine

BROWN GIRL JANE

PIONEERING CHANGE WITH BLACK WOMEN CEOS AT THE HELM

Brown Girl Jane has emerged as a pioneering force in the rapidly evolving world of wellness and beauty, led by its visionary founders, Malaika Jones Kebede, Nia Jones, and Tai Beauchamp. This innovative brand is transforming the wellness industry and redefining representation and inclusivity. Their journey from concept to a celebrated brand is a testament to their dedication, resilience, and passion for holistic wellness.

THE FOUNDERS

Malaika Jones Kebede, Nia Jones, and Tai Beauchamp are the dynamic trio behind Brown Girl Jane. Each founder brings a unique perspective and expertise to the table, creating a powerful synergy that drives the brand's mission forward.

Malaika Jones Kebede, with a background in finance and investment banking, provides the strategic and operational backbone of the company. Her keen business understanding and ability to navigate complex markets have been crucial in steering Brown Girl Jane toward sustainable growth.

Nia Jones, Malaika's sister, complements her with a strong marketing and brand development background. Her deep understanding of consumer behavior and her creative vision have been instrumental in crafting the brand's identity and engaging with its target audience.

Tai Beauchamp is a well-known media personality, public speaker, and wellness expert. Her extensive experience in the beauty and wellness industries and her passion for empowering women of color have made her an invaluable asset to the brand. Tai's influence extends beyond business, as she inspires and mentors aspiring entrepreneurs and wellness advocates.



THE GENESIS OF BROWN GIRL JANE

Brown Girl Jane was born out of a shared desire to create a wellness brand that catered to women of color's needs. Recognizing the lack of representation and the unique wellness challenges Black women face, the founders set out to fill this void with compelling and culturally resonant products.

The brand's name itself is a homage to women of color, celebrating their strength, beauty, and resilience. Brown Girl Jane aims to empower women by offering products that address their specific needs while promoting overall well-being and self-care.



MISSION AND VISION

A commitment to holistic wellness is at the core of Brown Girl Jane's mission. The founders believe that true well-being encompasses physical, mental, and emotional health. This philosophy is reflected in their product line, which includes CBD-based solutions designed to alleviate stress, improve sleep, and enhance overall wellness.

The brand's vision extends beyond products. Brown Girl Jane is dedicated to fostering a community where women of color feel seen, heard, and supported. The founders aim to create a positive impact and drive meaningful change through various initiatives, such as wellness workshops, mentorship programs, and partnerships with other organizations.

PRODUCT INNOVATION AND QUALITY

Brown Girl Jane's product offerings are a testament to their dedication to quality and innovation. The founders have meticulously developed each product, ensuring it meets the highest efficacy and safety standards. Their CBD-based products are derived from high-quality hemp, free from harmful chemicals, and designed to deliver optimal benefits.

Brown Girl Jane's product line is diverse and thoughtfully curated, from tinctures and topicals to skincare and wellness supplements. Each product is crafted with the needs of women of color in mind, addressing common concerns such as stress, anxiety, and skin health.

IMPACT AND RECOGNITION

Since its inception, Brown Girl Jane has garnered significant attention and acclaim within the wellness industry. The brand's commitment to inclusivity and representation has resonated with a broad audience, earning them a loyal customer base and numerous accolades.

The founders' efforts have not gone unnoticed. Brown Girl Jane has been featured in prominent media outlets, highlighting their innovative approach and impact on the industry. Their success story inspires other entrepreneurs, particularly women of color, demonstrating the power of vision, perseverance, and community.

Looking ahead, the founders of Brown Girl Jane have ambitious plans for the future. They aim to expand their product line, continue advocating for wellness and inclusivity, and reach even more women worldwide. Their long-term vision includes becoming a global leader in the wellness industry while staying true to their core values of empowerment and holistic health.

In addition to business growth, the founders are committed to deepening their community impact. They plan to launch more initiatives focused on education, mentorship, and support for women of color, ensuring their empowerment mission extends beyond their products.

Under the leadership of Malaika Jones Kebede, Nia Jones, and Tai Beauchamp, Brown Girl Jane is more than just a wellness brand. It is a movement dedicated to empowering women of color through high-quality products, community engagement, and a steadfast commitment to holistic well-being. Their journey from inception to success is a powerful narrative of vision, resilience, and the transformative power of representation. As they continue to innovate and inspire, the founders of Brown Girl Jane are undoubtedly trailblazers in the wellness industry, paving the way for a more inclusive and empowered future.

Please feel free to visit the website for further information: <https://browngirljane.com/pages/about-us>





FEAR OF GOD REDEFINING AMERICAN LUXURY FASHION JERRY LORENZO MANUEL JR. – CEO/ DESIGNER

FEAR OF GOD

In the dynamic and ever-evolving fashion world, few brands have made as significant an impact as Fear of God in such a short time. Founded in 2013 in Los Angeles by Jerry Lorenzo, this independent American luxury fashion label has swiftly risen to prominence, becoming synonymous with contemporary style, innovation, and cultural relevance.

The inception of Fear of God is rooted in Jerry Lorenzo's vision of creating a brand that seamlessly blends streetwear aesthetics with high-end luxury. Lorenzo, who hails from a sports-centric family, initially had no formal training in fashion design. However, his keen eye for style and an intrinsic understanding of culture allowed him to craft a brand that resonates deeply with a diverse audience.

Inspired by the spirit of Los Angeles and the rich tapestry of American culture, Fear of God was born out of Lorenzo's desire to produce garments that reflect individuality, authenticity, and timeless elegance. The brand's name, "Fear of God," is a nod to Lorenzo's strong faith and the guiding principles that shape his life and work.

Fear of God's rise to prominence in fashion can be attributed to its unique design ethos and Lorenzo's ability to tap into the cultural zeitgeist. The brand's collections often feature a mix of oversized silhouettes, muted color palettes, and a blend of casual and formal elements. This distinctive approach has garnered a loyal following among fashion enthusiasts, celebrities, and influencers.

One of the defining moments for Fear of God came with the release of its "Essentials" line, a more accessible sub-brand that retains the core aesthetic of the mainline collections but at a more affordable price point. This move broadened the brand's appeal and solidified its presence in the fashion industry.

Fear of God's influence extends beyond the realm of fashion. Jerry Lorenzo's collaborations with major brands like Nike and Vans have further cemented the brand's status as a cultural powerhouse. These partnerships have produced highly sought-after limited-edition pieces that blend Fear of God's signature style with the iconic elements of each collaborator.

In 2020, Lorenzo took a bold step by partnering with the Italian luxury house Ermenegildo Zegna. This collaboration, aptly named "Fear of God Exclusively for Ermenegildo Zegna," merged Zegna's sartorial expertise with Fear of God's modern sensibilities, resulting in an innovative and elegant collection.

Fear of God's impact is also evident in its influence on contemporary fashion trends. The brand's emphasis on oversized fits, neutral tones, and minimalist designs has inspired a new wave of streetwear and luxury fashion, blurring the lines between casual and formal attire.

THE CREATIVE VISIONARY: JERRY LORENZO

Jerry Lorenzo is at the heart of Fear of God's success, whose creative vision and entrepreneurial spirit have driven the brand's meteoric rise. Lorenzo's approach to fashion is profoundly personal and reflective of his life experiences, faith, and cultural influences. His ability to create clothing that resonates personally with consumers has been a critical factor in Fear of God's widespread appeal.

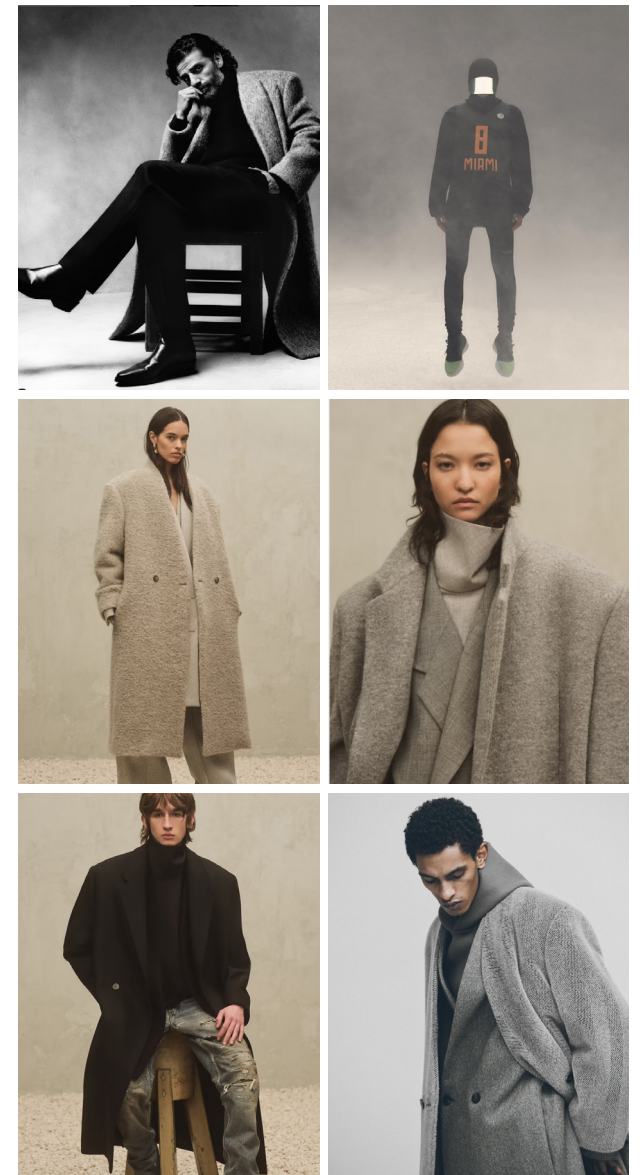
Lorenzo's background in sports management and his deep connections within the music and entertainment industries have also played a significant role in the brand's growth. His relationships with artists like Kanye West and Justin Bieber have provided Fear of God invaluable exposure and validation within the fashion and entertainment communities.

As Fear of God continues to evolve, Jerry Lorenzo remains committed to pushing the boundaries of fashion and design. The brand's future endeavors include expanding its product offerings, exploring new collaborations, and further solidifying its presence in the global luxury market.

In addition to its fashion-forward collections, Fear of God focuses on sustainability and ethical production practices. Lorenzo is dedicated to ensuring that the brand's growth does not come at the expense of environmental and social responsibility, reflecting a broader trend within the fashion industry towards more conscious consumption.

Fear of God, under the visionary leadership of Jerry Lorenzo, has successfully carved out a niche in the luxury fashion landscape. Its unique blend of streetwear and high-end design, cultural relevance, and innovative collaborations have made it a formidable force in contemporary fashion. As the brand looks to the future, it remains poised to continue its trajectory of influence and success, redefining what it means to be an American luxury fashion label in the 21st century.

For more information, visit the Fear of God website: <https://fearofgod.com/collections/fearofgod>.



SUMMERTIME LIGHT AND REFRESHING MEALS

INTRODUCTION:

Summertime meals are all about fresh, colorful ingredients that are light and refreshing, perfect for enjoying the sunny weather and outdoor activities. From crisp salads to grilled meats and seafood, summer meals are a delicious way to save the season's flavors. I hope you enjoy these two amazing recipes.

GRILLED CORN ON THE COB

Fresh grilled corn is a summer classic with crisp and sweet kernels bursting with flavor. Grilling brings out the natural sweetness of the corn and adds a delicious smoky char that makes it irresistible. It's the perfect side dish for any barbeque outdoor gathering.



INGREDIENTS

To make grilled corn on the cob, you'll need:

- **YELLOW OR WHITE CORN WITH HUSKS:** We tie the husks back for a sophisticated presentation.
- **BUTTER:** The rich creaminess of melted butter is the perfect complement to juicy, sweet corn kernels.
- **KOSHER SALT:** Enhances the flavor of the corn.
- **BLACK PEPPER:** A hint of spice to bring it all together.

DIRECTIONS

STEP 1. PREPARE GRILL:

Preheat grill to medium-high (400°F to 450°F) on one side, or push hot coals to one side of a charcoal grill.

STEP 2. PREPARE CORN:

Grab silks at the top of the corn and slowly peel down, one side at a time, in one motion. Discard silks.

STEP 3. MAKE HUSKS HANDLE:

Pull husks together to form a ponytail-like handle. Use a torn husk piece to tie around husks to secure.

STEP 4. GRILL CORN:

Coat corn with cooking spray and grill, uncovered, turning occasionally, until charred in spots, 15 to 18 minutes.

STEP 5. FINISH CORN:

Remove corn; place two butter pieces on each and wrap individually in foil, excluding husks. Keep warm on the unlit side of the covered grill. Sprinkle with salt and pepper before serving.

REFERENCE AND PHOTO CREDITS:

<https://www.southernliving.com/recipes/grilled-corn-on-cob>

SOUTHERN SHRIMP PASTA SALAD

Southern shrimp pasta salad is a delightful blend of juicy shrimp, al dente pasta, and creamy, tangy dressing. The combination of fresh vegetables, herbs, and spices gives it a unique Southern twist that is both comforting and refreshing. It's a perfect dish for a summer picnic or a backyard cookout.



INGREDIENTS

- Ice
- 3 Tbsp., plus 1/4 tsp. kosher salt, divided
- 12 oz. uncooked orecchiette pasta
- 3 Tbsp., plus 3/4 tsp. lower-sodium Old Bay seasoning, divided
- 1 lb. medium-size raw shrimp, peeled and deveined
- 1/4 cup fresh lemon juice (from 2 lemons)
- 1 Tbsp. coarse-grained Dijon mustard
- 1 Tbsp. honey
- 1 cup extra-virgin olive oil
- 1 tsp. minced garlic (from 2 garlic cloves)
- 1/2 tsp. crushed red pepper
- 1/4 tsp. black pepper
- 2 cups fresh sugar snap peas, sliced
- 2 medium shallots, thinly sliced (about 1/2 cup)
- 1/2 cup thinly sliced celery (from 2 stalks)
- 1 cup roughly chopped fresh dill
- 1/2 cup roughly chopped fresh flat-leaf parsley

DIRECTIONS

1. Fill a large bowl with ice and water; set aside. Bring 12 cups of water and 3 tablespoons of salt to a boil in a large stockpot over medium-high. Add orecchiette pasta, and cook, stirring occasionally, until al dente, about 12 minutes. Using a spider skimmer or slotted spoon, transfer pasta from boiling water to a paper towel-lined baking sheet; let cool completely, about 10 minutes. Do not remove boiling water from the heat.
2. Add 3 tablespoons of the Old Bay seasoning to boiling water and simmer for 2 minutes. Add shrimp. Let cook until just pink and cooked through, about 2 minutes; drain. Immediately transfer shrimp to ice water; let shrimp cool completely, about 7 minutes.
3. Meanwhile, whisk together lemon juice, Dijon mustard, and honey in a medium bowl. Gradually whisk in oil until smooth and combined. Whisk in minced garlic, crushed red pepper, black pepper, and remaining 1/4 teaspoon salt and 3/4 teaspoon Old Bay seasoning until combined.
4. Place pasta, shrimp, sugar snap peas, shallots, celery, dill, and parsley in a large bowl; add vinaigrette and toss until well coated. Serve or cover and store in the refrigerator for up to 24 hours.

REFERENCE AND PHOTO CREDITS:

<https://www.southernliving.com/southern-shrimp-pasta-salad-7187373>



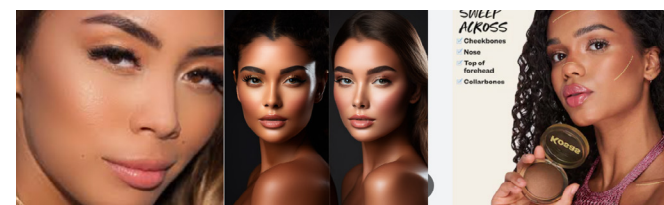
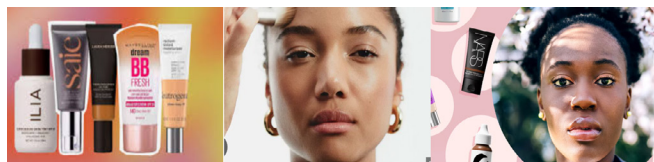
TINIKA THOMAS-FOREMAN

“SUMMER IS THE PERFECT TIME TO EXPERIMENT WITH YOUR MAKEUP”

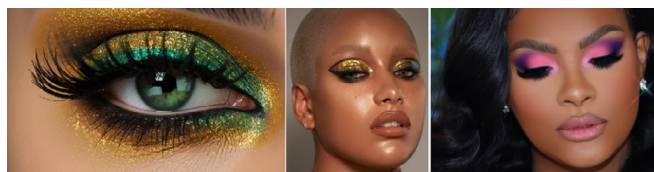
INTRODUCTION:

Summer is the perfect time to experiment with your makeup and try out some fresh looks that embrace the sunny vibes of the season. From glowing skin to vibrant pops of color, there are endless possibilities to create a makeup look that will make you shine bright this summer.

1. Start by prepping your skin with a lightweight, hydrating primer to create a smooth base for your makeup. Opt for a tinted moisturizer or a BB cream that will give you a natural, dewy finish while providing sun protection. Hydrating primers are very popular and are becoming a game-changers. Its antioxidants and ingredients keep the skin hydrated and moisturized at all times.



2. For a sun-kissed glow, sweep a bronzer along the high points of your face where the sun naturally hits, such as your forehead, cheeks, and nose. Choose a bronzer with a hint of shimmer for an added luminous effect. Make bronzer an essential product in your makeup bags this summer.



3. Regarding eyeshadow, think bright and bold for summer. Experiment with colorful shades like coral, turquoise, or gold to create a playful and fun look. Don't be afraid to play with different textures and finishes to add dimension to your eye makeup.



4. Finish off your summertime look with a glossy lip in a shade that complements your overall makeup. Opt for a tinted lip balm or a sheer lipstick for a fresh and effortless feel that will keep your lips hydrated and kissable all day long. Glosses will help maintain the plumpness and moisture in the lips during the summertime.

IMPORTANT TIPS TO REMEMBER

- Use a lightweight foundation or tinted moisturizer to even out your skin tone without feeling heavy.
- Opt for a waterproof mascara to avoid any smudging or running in the heat.
- Choose bright, fun colors for your eyeshadow and lipstick to add a pop of color to your look.
- Don't forget to protect your skin with good sunscreen applying any makeup.
- Consider using a setting spray to lock everything in place and keep your makeup lasting all day.

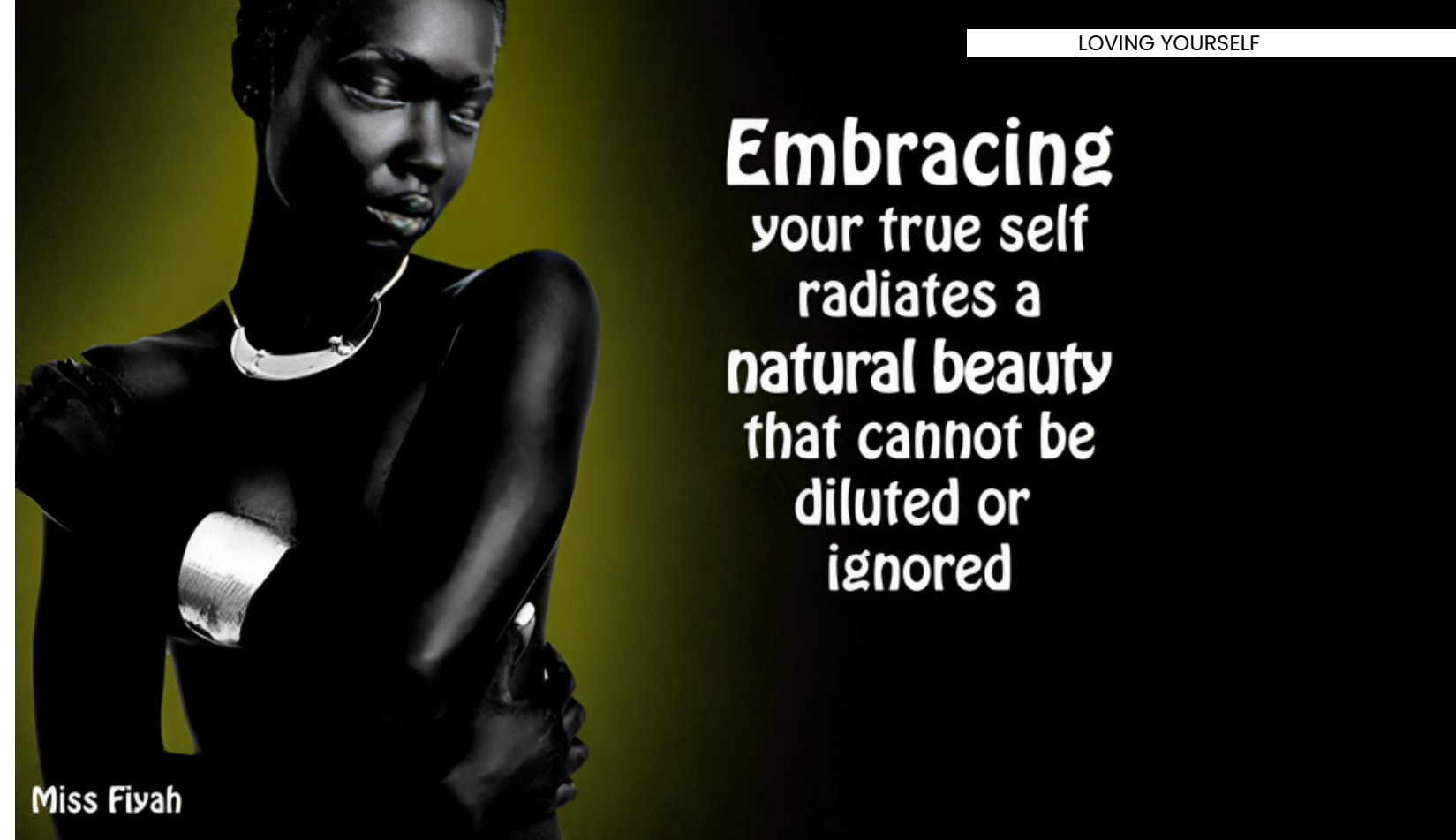
REMEMBER, SUMMER MAKEUP IS ALL ABOUT HAVING FUN AND EMBRACING YOUR NATURAL BEAUTY. SO DON'T BE AFRAID TO GET CREATIVE AND EXPRESS YOURSELF THROUGH YOUR MAKEUP LOOKS THIS SEASON. ENJOY THE SUNSHINE AND LET YOUR INNER GLOW SHINE THROUGH!

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LOVING YOURSELF EMBRACING YOUR NATURAL BEAUTY...

BY TINIKA THOMAS-FOREMAN

In today's society, there is a lot of pressure to look a certain way. With social influencers and beauty standards constantly bombarding us, it can be easy to fall into the trap of feeling like we need to wear makeup in order to be beautiful. True beauty comes from within. Learning to love yourself with no makeup is an important journey towards self-acceptance.

Makeup can be a fun way to enhance your features and express yourself creatively. Makeup should never be used as a mask to hide your true self. Embracing your natural beauty means accepting and loving yourself exactly as you are flaws and all.

One way to start loving yourself without makeup is to practice self-care and self-love rituals. Taking care of your skin, eating well, exercising, and getting enough rest are all ways to show yourself some love. When you feel good on the inside, it shines through to the outside.

It's also important to surround yourself with positive influences and give praise for the features that make you unique. Remember that beauty comes in all shapes, sizes, and colors, and that there is no one definition of what it means to be beautiful.

Remember that makeup is just a tool to enhance your natural beauty. Something I emphasize to my clients all the time. In the end, loving yourself with or without makeup is about accepting and embracing who you really are inside and out. By cultivating self-love and self-acceptance, you can radiate confidence and beauty from within. So go ahead, embrace your natural beauty and let your inner light shine bright. You are beautiful with or without makeup. Most importantly, always remember to love and appreciate yourself just the way you are.

PHOTO CREDIT:

<https://www.pinterest.com/pin/384705993142291154/>



DOROTHY JEAN TILLMAN II: A JOURNEY OF REMARKABLE ACHIEVEMENT

In the landscape of academia, stories of prodigious talent often stand out, but few shine as brightly as that of Dorothy Jean Tillman II. Earning a PhD is a monumental achievement for anyone, but when accomplished by someone so young, it becomes a testament to exceptional intellect, dedication, and the breaking of conventional boundaries.

Dr. Dorothy Jean Tillman II earned her doctoral degree in integrated behavioral health. Courtesy of Arizona State University/W Scott Mitchell

Dorothy Jean Tillman II, born and raised in Chicago, Illinois, displayed an extraordinary aptitude for learning from a young age. Her family recognized and nurtured her talents, providing a supportive environment that allowed her to flourish academically. By the time she was 10, Dorothy had already completed high school, an age when most children were just beginning to explore the complexities of middle school education.

Her journey didn't stop there. With an insatiable thirst for knowledge, Dorothy pursued higher education with an enthusiasm that was both inspiring and unprecedented. She earned her bachelor's degree at the age of 14, followed by a master's degree in environmental engineering at 16. Her academic journey culminated with her PhD, making her one of the youngest individuals ever to achieve this milestone.

ACADEMIC ACHIEVEMENTS

A series of impressive achievements mark Dorothy's educational journey. Her doctoral research focused on innovative solutions in environmental engineering, particularly in sustainable energy and water management systems. Her work has contributed to academic discourse and shown practical applications that could benefit communities worldwide.

Lauded for its depth and originality, her thesis explores integrating renewable energy sources with traditional systems to create more efficient and eco-friendly solutions. This research can revolutionize how communities access and utilize resources, especially in underserved areas.



BEYOND ACADEMIA

Beyond her academic pursuits, Dorothy Jean Tillman II is committed to inspiring and uplifting others. She advocates for STEM education, particularly for young girls and minorities who often face systemic barriers in these fields. Through public speaking engagements, mentorship programs, and community projects, she actively works to create opportunities for the next generation of scientists and engineers.

Dorothy's story is not just one of personal triumph but also a beacon of possibility for countless others. Her achievements underscore the importance of nurturing talent and breaking down the barriers that limit potential. Her journey is a powerful reminder that age is not a determinant of capability and that extraordinary accomplishments are within reach with the proper support and determination.

LOOKING FORWARD

As Dorothy Jean Tillman II continues to advance in her career, the world watches with great anticipation. Her contributions to environmental engineering are just the beginning. With her passion for innovation and her commitment to social impact, there is no doubt that she will continue to make significant strides in her field.

In an era where sustainability and resource management challenges are more pressing than ever, young minds like Dorothy's offer hope and new perspectives. Her journey is a testament to what can be achieved with vision, hard work, and the unwavering belief that anything is possible.

Dorothy Jean Tillman II's story is a celebration of human potential and a call to action for all of us to support and encourage the brilliance that exists in our communities. Her achievements remind us that the future is bright and that the next generation of leaders and innovators is already making their mark on the world.



THE GOOD AND THE UGLY OF WEIGHT LOSS SUPPLEMENTS

BY ARIELLE PERSHAY



Weight loss supplements have gained popularity recently as people strive to achieve their desired body weight and improve their overall health. These supplements, such as pills, powders, and capsules, are designed to aid in weight loss by boosting metabolism, suppressing appetite, or increasing fat burning. While weight loss supplements can provide certain benefits, it is essential to consider both their positive and negative aspects before incorporating them into your weight loss journey.

BENEFITS OF WEIGHT LOSS SUPPLEMENTS

1. INCREASED METABOLISM:

Some weight loss supplements contain ingredients that boost metabolism, leading to increased calorie burning and potentially faster weight loss. These supplements often contain ingredients like caffeine, green tea extract, or thermogenic compounds that can help increase energy expenditure.

2. APPETITE SUPPRESSION:

One of the challenges of weight loss is controlling cravings and reducing calorie intake. Certain weight loss supplements, such as those containing fiber or appetite suppressants, can help reduce hunger and make it easier to stick to a calorie-restricted diet.

3. CONVENIENCE:

Weight loss supplements offer a convenient option for individuals who may struggle with meal planning or find it challenging to consume all the necessary nutrients for weight loss. These supplements often contain a combination of vitamins, minerals, and other essential nutrients that support overall health while aiding in weight loss.



NEGATIVES OF WEIGHT LOSS SUPPLEMENTS

1. POTENTIAL SIDE EFFECTS:

Weight loss supplements can have side effects, especially if taken excessively or without proper guidance. Common side effects may include nausea, diarrhea, jitteriness, insomnia, or increased heart rate. It is essential to consult with a healthcare professional before starting any weight loss supplement to ensure it is safe for you.

2. LACK OF REGULATION:

The weight loss supplement industry is not strictly regulated, and many products on the market may not have undergone rigorous testing for safety and efficacy. This lack of regulation increases the risk of using products that may be ineffective or even harmful. Researching and choosing reputable brands that prioritize quality and safety is crucial.

3. DEPENDENCY AND LONG-TERM SUSTAINABILITY:

Weight loss supplements should not be relied upon as the sole weight loss method. Adopting a balanced and sustainable approach to weight loss is essential, including a healthy diet, regular exercise, and lifestyle changes. Dependence on weight loss supplements may hinder long-term success if healthy habits are not established. In conclusion, weight loss supplements can offer benefits such as increased metabolism, appetite suppression, and convenience. However, it is essential to consider the potential side effects, lack of regulation, and the need for a sustainable approach to weight loss. Before incorporating weight loss supplements into your routine, it is advisable to consult with a healthcare professional who can provide personalized guidance based on your specific needs and goals.



ALL EYES ON HUMAN RESOURCE DEPARTMENT

BY ARIELLE PERSHAY

Human Resources (HR) plays a vital role in the success of any organization. Traditionally seen as a department focused on administrative tasks and employee management, HR has evolved over the years to become a strategic partner in driving organizational growth and improving employee experience.

In today's dynamic business landscape, HR is continuously evolving and innovating to meet the changing needs of companies.

LET'S EXPLORE HOW HR IS IMPROVING IN COMPANIES.

1. STRATEGIC ALIGNMENT:

HR has shifted from being a support function to becoming a strategic partner in organizations. HR professionals are now actively involved in strategic decision-making processes, aligning HR practices with business objectives. They play a crucial role in workforce planning, talent acquisition, and succession planning, ensuring that the organization has the right people in the right roles to achieve its goals.

2. EMPLOYEE ENGAGEMENT:

HR recognizes the importance of employee engagement in driving productivity and organizational success. Companies have started investing in initiatives to enhance employee engagement, such as regular feedback mechanisms, career development programs, flexible work arrangements, and recognition programs. HR professionals are implementing innovative strategies to create a positive work environment that fosters motivation, collaboration, and employee satisfaction.

3. TALENT ACQUISITION AND RETENTION:

Finding and retaining top talent is a key challenge for companies. HR departments are utilizing technology and data analytics to streamline the recruitment process, identify high-potential candidates, and improve the overall candidate experience. They are also focusing on employee retention strategies, such as offering competitive compensation packages, professional development opportunities, and creating a supportive work culture.

4. DIVERSITY AND INCLUSION:

HR plays a crucial role in promoting diversity and inclusion in the workplace. Recognizing the benefits of a diverse workforce, HR professionals are implementing strategies to attract and retain employees from diverse backgrounds. They are creating inclusive policies, conducting diversity training, and establishing employee resource groups to foster a sense of belonging and ensure equal opportunities for all.

5. EMPLOYEE WELL-BEING:

HR departments are increasingly prioritizing employee well-being. They are implementing wellness programs, mental health initiatives, and work-life balance policies to support employees' physical and mental well-being. HR professionals are also educating managers on the importance of work-life balance and stress management to create a healthy and productive work environment.

6. TECHNOLOGY INTEGRATION:

HR departments are leveraging technology to streamline processes and enhance efficiency. Automated HR systems, employee self-service portals, and data analytics tools are being used to simplify administrative tasks, improve data accuracy, and provide real-time insights for decision-making. This integration of technology allows HR professionals to focus more on strategic initiatives and employee support.

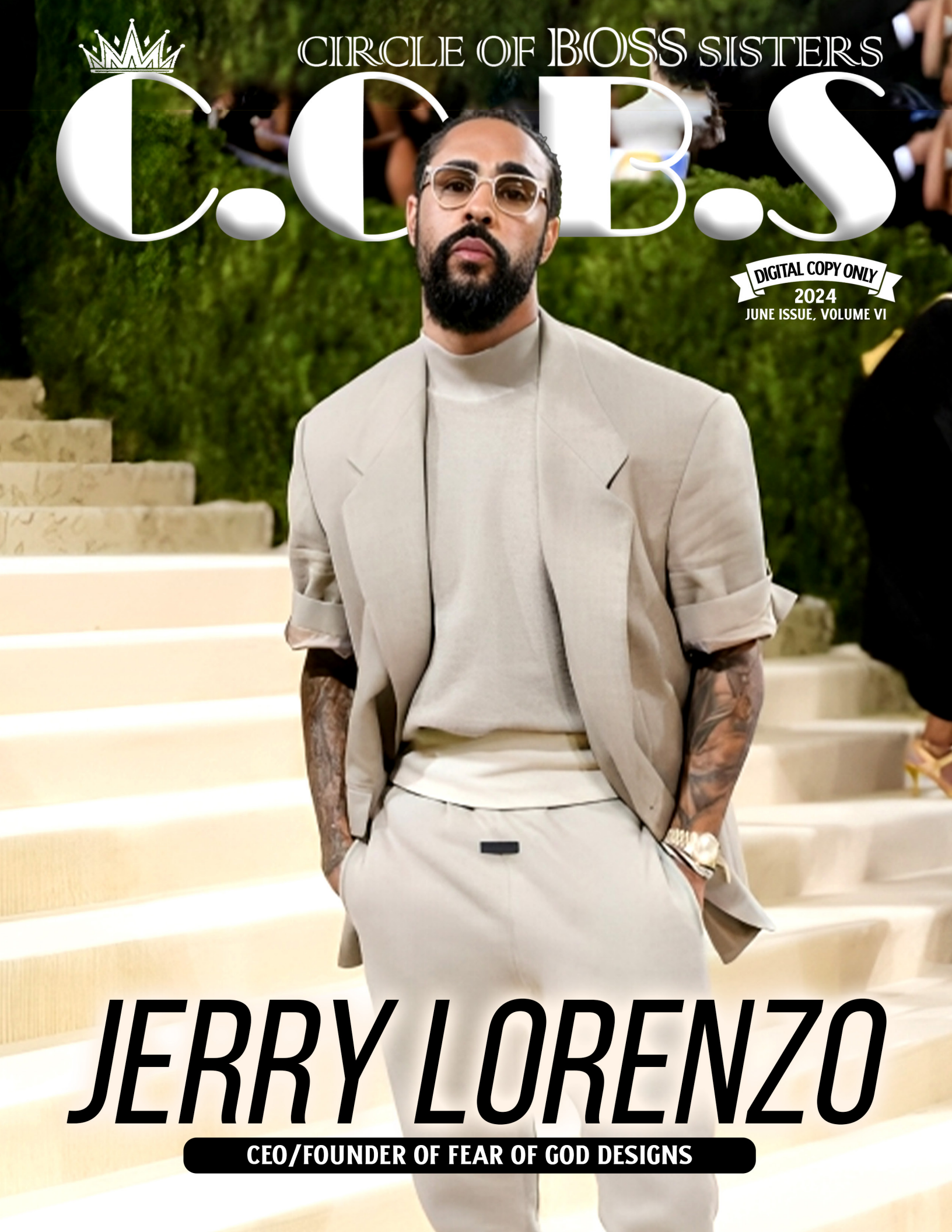
In conclusion, HR is undergoing a significant transformation, moving from a traditional administrative role to a strategic business partner. By aligning HR practices with organizational goals, focusing on employee engagement, talent acquisition, diversity and inclusion, employee well-being, and leveraging technology, HR is playing a crucial role in improving companies. As organizations recognize the value of their human capital, HR will continue to evolve and innovate to meet the evolving needs of employees and business.



The Complete Business Guide

This book is designed to provide practical advice and actionable steps to help you navigate the world of entrepreneurship, regardless of your age, gender, or experience.





CIRCLE OF BOSS SISTERS

C.O.B.S.

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JERRY LORENZO

CEO/FOUNDER OF FEAR OF GOD DESIGNS